

Overeaters Anonymous
New Hampshire Intergroup's
Twelfth Step Within Committee



**Are you in the Rooms but not
“Working” the Program?**

Have you been Slipping?

Are you in Relapse?

Try reading, writing and discussing the 30 questions in
“*Been Slippin’ and Slidin’*,” an article from the
Twelfth Step Within Handbook, page 19.

The article is online at:

www.oanewhampshire.org/TSW/SlippinSlidin30Qs.pdf

or ask your Intergroup representative; they will have the
handbook in their Intergroup binder.

**You are not alone anymore.
Connect with someone to discuss one question,
one day at a time.**

**FOR MORE INFORMATION CALL:
Elaine Z. 603-329-7822 / Peggie M. 603-434-0771**

www.oanewhampshire.org
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