

# Promises



A MONTHLY NEWSLETTER PUBLISHED AND DISTRIBUTED BY NEW HAMPSHIRE INTERGROUP  
December 2006, ISSUE #278 Bonus Page

## Bonus Page

### Service - Professional Outreach

In the Promises, I referred to a professional outreach sample letter on this bonus page. Due to a technical problem, that document will be delayed until a future issue. My apologies.

*Diane L. , Promises Editor*

### Sharing Program—OA Basics on the Web

Have you ever been in a position where the opportunity to share the OA program was upon you but, as luck would have it, you find you don't have even one piece of literature at hand to share? Well, one remedy for this is to keep a note in your wallet with the following web address: <http://www.oanewhampshire.org/>. Or better yet, commit it to memory. It is just "oa" with "newhampshire" spelled out after it and ".org" at the end. Let your acquaintances know about the OA Basics page on our New Hampshire website.

If you haven't checked it out, why not try it now? There is enough there for any newcomer to become familiar with our program, and it offers current members a great place to brush up on the basics as well. ☺

**New Hampshire OA**  
**Toll Free Telephone Number**  
**1-(800) 201-8720**  
from NH, ME, MA, VT only

*Opinions expressed are not the opinions of NHI or OA as a whole. Articles and notices must be submitted by the 25<sup>th</sup> of the month. Articles may be submitted by e-mail to [promises@oanewhampshire.org](mailto:promises@oanewhampshire.org) Material cannot be returned, nor will payment be made. We reserve the right to edit. Other anonymous groups may reprint without permission.*

### Young People in OA

With a new meeting starting in Nashua with a focus on Young People, I was wondering how many people were aware of the literature available specifically for our younger members.

OA offers the following to our young members:

- To the Family of The Compulsive Overeater
- To Parents and Concerned Members
- To the Teen
- Young People's Meeting Format
- The Twelve Steps and Twelve Traditions of OA, A Kid's View
- To the Teen Questionnaire

To order these pieces of literature go to the Young People/Family page of the OA website. The address is [http://www.oa.org/literature\\_catalog\\_results.htm?category=Young%20People/Family&cart=109725450415485246](http://www.oa.org/literature_catalog_results.htm?category=Young%20People/Family&cart=109725450415485246)

Information on the New Young People's Meeting in Nashua:

**6:00 PM**

**YMCA IN NASHUA**

**17 PROSPECT STREET**

**Contact BETH**

**603-883-9568**

**For more information**

**For information on all literature available from OA, visit the World Service Organization website's literature catalog at:**  
**[http://www.oa.org/literature\\_catalog.htm](http://www.oa.org/literature_catalog.htm)**