

WHAT DO OUR CONTRIBUTIONS ACCOMPLISH?

Your contributions to New Hampshire Intergroup serve the fellowship through the following major services and activities:

Liability Insurance for registered OA meetings in NHI	Carries the OA message to compulsive overeaters who don't yet know about the program
Coordination, printing and distribution of meeting lists	Sends representatives to Region 6 Assemblies
Maintains a toll-free answering service	Sends delegates to World Service Business Conferences
Publishes the PROMISES monthly newsletter	Informs healthcare and other professionals about OA
Sponsors sharathons, retreats, workshops, special events	Answers mail, e-mail, phone inquiries about OA
Maintains the NHI Website	Provides information about meetings to visiting out-of-town OA members
Provides links between local OA groups and the regional and national levels of OA where policy is set and literature is developed	Provides information about out-of-town meetings to members when they travel

Your contributions to Region 6 serve the Fellowship through the following major activities:

Providing a communications forum by sponsoring Region Assemblies	Host Region 6 Conventions & Marathons
Selection of Regional and General Service Trustee nominees	Maintain the Region 6 Web site
Provide unity of groups and Intergroups	

Your contributions to the World Service Office (WSO) serve the Fellowship through the following major activities:

Maintaining the World Service Office	Producing over 100 literature and recovery-related items
Supporting groups, intergroups, service boards and regions throughout the world	Publishing <i>Lifeline</i> magazine and <i>A Step Ahead</i> newsletter
Carrying the OA message worldwide through public information and cooperation with professionals	Sponsoring World Service Business Conference and World Service Convention
Maintaining group and intergroup directories and records	Maintaining OA's site on the World Wide Web.

HOW DO WE MAKE OUR CONTRIBUTIONS?

NHI Contributions (60%)

- 1) Make your check out to: NH Intergroup
- 2) Include your WSO Group Number*
- 3) Mail to: New Hampshire Intergroup, PO Box 1363, Derry, NH 03038-6363
- 4) Contribution Forms may be downloaded from the NHI website:
www.oanewhampshire.org/admin-documents/NHI_Donation_Form.pdf

Sample Contribution Form:

NH INTERGROUP CONTRIBUTION FORM	
MAIL TO :	NH INTERGROUP PO BOX 1363 DERRY , NH 03038-6363
MAKE CHECKS PAYABLE TO:	NH Intergroup
WSO GROUP #:	MEETING TOWN:
DONATION: \$	MEETING DAY/TIME:

Region 6 Contributions (10%)

- 1) Make your check out to: Region Six O.A.
- 2) Include your WSO Group Number*
- 3) Mail to: Region 6 Treasurer, PO Box 3073, Milford, CT 06460
- 4) Contribution Forms may be downloaded from the Region 6 Website:
www.oaregion6.org/wptest/wp-content/uploads/2008/03/r6-contribution-form.pdf

Sample Contribution Form:

REGION 6 CONTRIBUTION FORM	
Mail To: Region 6-OA P.O. Box 3073 MILFORD, CT 06460	Please make checks payable to: REGION SIX O.A.
WSO GROUP # _____	MEETING NAME: _____
DONATION \$ _____	MEETING DAY/TIME: _____
<small>**REGION 6 IS TRYING TO SAVE MONEY. Please copy this form and use your canceled check as your receipt. Acknowledgment lists will be passed out at the Region Assembly or mailed to your Intergroup with the Messenger. Please ask your groups to be as generous as possible. Thank you for your support, service and donations. Phone # 1-203-877-1678</small>	

WSO Contributions (30%)

- 1) Contributions may be made by credit card on the WSO website
- 2) Make checks payable to World Service Office
- 3) Include your WSO Group Number*
- 4) Mail to: Overeaters Anonymous, PO Box 44020, Rio Rancho, NM 87174-4020
- 5) The WSO Contribution Form may be downloaded from the WSO website:
www.oa.org/pdfs/contributionform.pdf
- 6) Item #804, The World Service Office Contributions Kit, containing 12 payment coupons and envelopes, can be ordered FREE from WSO

Sample WSO Contribution Form & Receipt

The image displays a sample WSO Contribution Form and Receipt. The form is divided into two main sections: the left page for the contribution form and the right page for the receipt.

Left Page: WSO Contributions Form & Receipt

- Header:** OVEREATERS ANONYMOUS. Includes the organization's name and address: 44020 Rio Rancho, NM 87174-4020.
- Dear OA Member:** A message thanking the contributor for their support and explaining that contributions are used for various purposes.
- Contribution Amounts:** A list of suggested amounts: \$10, \$20, \$30, \$40, \$50, \$60, \$70, \$80, \$90, \$100, \$150, \$200, \$250, \$300, \$350, \$400, \$450, \$500, \$550, \$600, \$650, \$700, \$750, \$800, \$850, \$900, \$950, \$1000.
- Payment Information:** A section for the contributor to provide their name, address, and contact information.
- Contribution Table:** A table with columns for 'Amount', 'Date', and 'Name'. It is designed for recording multiple contributions.

Right Page: Receipt

- Header:** RECEIPT FOR CONTRIBUTION.
- Table:** A table with columns for 'Amount', 'Date', and 'Name'. It is designed for recording the receipt of contributions.

*If you don't know your group number, find your meeting at www.oa.org/meetings/find-a-meeting.php and "Click for Details." or see the New Hampshire Intergroup meeting list

Contributions to OA Service Bodies

The 7th Tradition tells us that OA is self-supporting at all levels. This means that OA Groups, Intergroups, Regions, and the World Service Office (WSO) do not accept outside donations, keeping OA free from outside influence. However, to carry the message to the still suffering compulsive overeater, OA members need to financially support their group and the OA service bodies.

One suggested approach is that after maintaining a prudent reserve, groups should support OA service bodies by contributing:

- 60% to their Intergroup
- 30% to the WSO
- 10% to their Region

