

**Public List
For
General Distribution
NHI MEETING LIST
2020**

Revised 3/6/2020
New Hampshire Intergroup WSO #09190
P. O. Box 1363
Derry, NH 03038-6363

www.oanewhampshire.org

Please consult website for updated meeting listings.

24-Hour Answering Service

**603-434-7578 or
800-201-8720**

(Toll free in NH, ME, MA, VT only)

Please call either number for directions and information regarding the meetings. Leave your name & number for a quick response.

Report any change in meeting date, time, location, format, or contact person to
nhimeetinglists@oanewhampshire.org.

Overeaters Anonymous is a fellowship of individuals who through shared experience; strength and hope are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

New Hampshire Intergroup business meetings are held monthly, except July and August, usually on the first Sunday at 2 p.m. All OA members are encouraged to attend. Please send a representative from your meeting to be kept up-to-date. For dates and directions, go to the web site above and click on 'About NHI.'

This list is confidential and to be used for OA purposes only.

KEY to MEETING TYPE

BB-Big Book	11- 11 th Step	
C- Closed	Lit-Literature	T-Tradition
D-Discussion	Sp-Speaker	V-Varies
FT-For Today	St-Step	90-90 Day
VoR-Voices of Recovery	RfR-Recovery from Relapse	
H*- Handicapped Accessible Meeting		

SUNDAY

HOLLIS 5:00pm – 6:00pm H* (V) 46146
Hollis Congregational Church
3 Monument Square, side door

PETERBOROUGH 6:00pm – 7:00pm H* (V) 46277
Monadnock Community Hospital
Bond Wellness Center - Conference Room
452 Old Street Road
Contact this meeting by email at:
mtg46277@oanewhampshire.org

MONDAY

BEDFORD 9:30am – 10:30 am (FT, 90) 53394
Bethany Covenant Church
1 Covenant Way

CONCORD 5:30pm – 6:30pm (Varies) 47647
Wesley United Methodist Church
79 Clinton St.

FRANCONIA 5:00 – 6:00pm H* (V) 51972
Franconia Community Church of Christ
44 Church Street

MANCHESTER 5:00 – 6:15pm (BB) 46164
Brookside Congregational Church (school building)
2013 North Elm Street
(wheelchair ramp to entrance, key operated lift to 2nd floor)
Newcomer meeting at 5pm; regular meeting at 5:15pm
Contact this meeting by email at:
mtg46146@oanewhampshire.org

NASHUA 12:00pm – 1:15pm H* (St T) 40476
Main Street United Methodist Church
146 Main Street

No meeting if Nashua schools closed for inclement weather. If Monday is holiday, please call first.

NASHUA 7:00pm – 8:00pm (90, Sp) 40655
St Joseph Hospital – Carl Amelio Room
172 Kinsley St

Group #

TUESDAY

BEDFORD 5:30pm – 6:30pm (Sp, D, 90) 49532
Saint Elizabeth Seton Parish
190 Meetinghouse Road
Mtg. in Church basement-Chapel Room

DERRY 7:00pm – 8:00pm (St, T) 45144
First Parish Congregational Church
47 East Derry Road

HOPKINTON 5:30pm – 6:30pm H* (St, T) 22474
St. Andrew's Parish Hall Building – Library
354 Main Street

KEENE 4:45pm – 6:00pm (Varies) 47666
YANA (You Are Not Alone) Center
36 Carpenter St.

LEBANON 5:30pm – 6:30pm H* (Sp, D) 45936
United Methodist Church, Side Door
18 School Street

MANCHESTER 5:30pm – 6:30pm H* (11) 57057
Brookside Congregational Church (school building)
2013 North Elm Street
(wheelchair ramp to entrance, key operated lift to 2nd floor)

NEW BOSTON 6:00pm – 7:00pm (FT) 53307
Community Church of New Boston Choir Room
2 Meetinghouse Hill Rd
Contact this meeting by email at:
mtg53307@oanewhampshire.org

PETERBOROUGH 6:00pm–6:45pm H* (V) 50231
Monadnock Community Hospital
452 Old Street Road
Administrative Conference Room
Take the Parmalee entrance

WEST OSS�PEE 5:45pm – 6:45pm (V) 47755
(All are welcome for "brown bag dinner" 6:30pm - 7:30pm)
Cross Roads Church
2205 Route 16

Group #

WEDNESDAY**Group #**

BEDFORD 5:30pm – 6:30pm (Sp, D) 49151
Saint Elizabeth Seton Parish
Basement of the Church (handicapped accessible)
190 Meetinghouse Road

CLAREMONT 3:30PM – 4:30PM H* (BB) 56549
Valley Regional Hospital
243 Elm St.

THURSDAY**Group #**

BEDFORD 9:30am – 10:30 am (VoR, 90) 51985
Bethany Covenant Church
1 Covenant Way

BEDFORD 5:30pm – 6:45pm (BB step study) 56749
Saint Elizabeth Seton Parish
Side entrance of Rectory Bldg in Sullivan Room
Look for Green Door marked Sullivan
190 Meetinghouse Rd

BOW 5:30pm – 6:30pm (BB) 51587
Bow Mills United Methodist Church
505 South Street

DERRY 10:00am – 11:00am H* (St, T) 40908
Marion Gerrish Community Center
No meetings when Thursday is a holiday.
39 West Broadway (Route 102)
Contact this meeting by email at:
mtg40908@oanewhampshire.org

KEENE 7:00pm – 8:00pm (V) 52281
YANA (You Are Not Alone) Center
36 Carpenter St

NASHUA 6:30am – 7:30 am (Lit) 51426
Unitarian Universalist Church
58 Lowell St, Fellowship Room
Contact this meeting by email at:
mtg51426@oanewhampshire.org

FRIDAY**Group #**

SALEM 5:30pm – 6:30pm H* (V) 36417
Kelley Library
234 Main Street Downstairs Mtg. Room
Contact this meeting by email at:
mtg36417@oanewhampshire.org

SATURDAY**Group #**

AMHERST 7:30am – 8:30am (Sp, D) 47049
Christ's Church of Amherst
58 Merrimack Road

DERRY 10:00am – 11:00am H* (V) 24472
Marion Gerrish Community Center
39 West Broadway (Route 102)
Ramp into building and an elevator to second floor.
Contact this meeting by email at:
mtg24472@oanewhampshire.org

NORTH CONWAY 9:00am (V) 54489
Lutheran Church of The Nativity
Community Area, Downstairs
Crn Main St (Rt. 16) & Grove St

SANBORNTON 11:00 am-12 noon (V)H* 31794
Sanbornton Public Library, 2nd Floor
27 Meetinghouse Hill Rd.

ADDITIONAL OA RESOURCES

Overeaters Anonymous
World Service Office
505-891-2664 / FAX 505-891-4320 www.oa.org

OA Region 6 (New England, New York, part of Canada)
www.OAregion6.org

Mass Bay Intergroup
781-641-2303 www.oambi.org

North Shore Intergroup
978-387-8188 www.oanorthshoreintergroup.org

Seacoast Intergroup
603-418-4398 www.seacoastoa.org
