

ARE YOU REPRESENTED?

- Each OA group is encouraged to send a delegate to *New Hampshire Intergroup* to vote on matters affecting OA and to bring information, flyers and newsletters back to their home meeting.
- Representatives from all groups are needed for *NHI* to be of the greatest service. PLEASE BE SURE THAT EVERY GROUP YOU ATTEND IS REPRESENTED. If a group has no representation, why not volunteer?
- You need not be an elected representative to come to *NHI* meetings or to give service through our committees. DON'T WAIT FOR SOMEONE ELSE TO DO IT!
- *NHI* generally meets on the first Sunday of the month at 2:00 pm at Presidential Oaks, 200 Pleasant Street, Concord, NH. We will meet on September 9th and October 14th, 2007. No meetings are held in July and August.

Current Officers

Chairperson	Lisa D.	(603) 893-9217
Vice-Chairperson	Eileen B	(802) 254-3881
Secretary	Nancy S.	(603) 890-8994
Treasurer	Nathan W.	(603) 463-3751
Parliamentarian	Alan B.	(603) 323-2058
Region 6 Delegates	Beth M.	(603) 891-2266
	Eileen B.	(802) 254-3881
	Jon M.	(603) 776-4368
	Peggie M.	(603) 434-0771
	Diane P.	(603) 669-7966
R6 Delegate (alternate)	Jane Bl.	(603) 924-6128
WSBC Delegates	Beth M	(603) 891-2266
	Eileen B.	(802) 254-3881
	Jon M.	(603) 776-4368

If you have questions about *NHI* or about the work of any of its committees, please call one of the officers or committee chairpersons, or write to

New Hampshire Intergroup
P. O. Box 1363
Derry, NH 03038-6363
www.oanewhampshire.org

Answering Service Telephone 1-800-201-8720 or 603-434-7578
Derry, New Hampshire

What Is “New Hampshire Intergroup?”

O.A. Overeaters Anonymous

Prepared and distributed by New Hampshire Intergroup 4/2008

New Hampshire Intergroup (NHI) is a service body for Overeaters Anonymous. Our primary purpose is to carry the message – to help the still suffering compulsive overeater through the Twelve Step recovery program of Overeaters Anonymous.

NHI seeks to serve the groups by providing services that are beyond the scope or ability of an individual group.

Such services are:

- Provides insurance to NHI member meetings registered with World Service Office (WSO)
- Coordinates, prints, and distributes meeting lists.
- Maintains an answering service.
- Publishes the **PROMISES**, our monthly newsletter.
- Sponsors sharathon, retreats, workshops, special events.
- Answers mail and phone inquiries about OA.
- Informs healthcare and other professionals about OA.
- Carries the OA message to compulsive overeaters who don't yet know about the program.
- Provides information about out-of-town meetings to members when they travel.
- Provides information about meetings to visiting out-of-town OA members.
- Provides links between local OA and the regional and national levels of OA where policy is set and where literature is developed.
- Contributes regularly to WSO and Region 6.

HOW CAN YOU HELP?

There are several ways you can help *NHI* carry the OA message:

GIVE SERVICE

Serve as a member of one of the *NHI* committees:

Current Committee Chairs

Meeting List Coordinator	Karen M3	(603) 623-4936
Mailing Coordinator	Deb G.	(603) 647-6607
Public Information	Judith R.	(802) 254-1149
Promises Newsletter	Mary C.	(603) 867-7423
Webmaster	Jill M.	(978) 369-0208
Retreat/Sharathon	Jeri M.	(603) 746-3660
	Jane Bl.	(603) 924-6128
12 Step/Answering Service	Alan B.	(603) 323-2058
Ways and Means	Beth M.	(603) 891-2266
Back to Basics Workshop	Peri S.	(978) 448-3577

GIVE MONEY

Encourage the meeting you attend to make regular donations of its funds to *NHI*. The OA Group Handbook suggests groups maintain a prudent reserve of two month's expenses and send 60% of remaining funds to the Intergroup, 10% to Region, and 30% to World Service Office.

NH Intergroup P.O. Box 1363 Derry, NH 03038-6363 www.oanewhampshire.org 603-434-7578	Region 6 Treasurer P.O. Box 3073 Milford, CT 06460 www.oaregion6.org	World Service Office P.O. Box 44020 Rio Rancho, NM 87174-4020 www.oa.org 505-891-2664
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Individual contributions: Give what you can when you can. When you make your personal contributions, consider making a tax-deductible contribution to *NHI*. Along with any anonymous contributions to the basket, individuals may contribute \$5,000 per year.

SPREAD THE WORD

NHI needs everyone's contribution of "time and money." When you travel to out-of-town meetings, take meeting lists and newsletters with you. Download the "Courier" from the oa.org website and encourage group members to bring a copy to their Health Care Practitioners.